

Nurturing Resilience in Children: During Times of Societal & Family Tragedies and Difficult-to-Talk-About Life Events, including Death and Dying.

*Talking honestly with all children;
special emphasis on autism-friendly strategies*

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TARGET AUDIENCE: Those who care for and work with children and youth, including children and youth on the autism spectrum. This seminar is geared for parents and professionals such as school administrators, teachers, counselors, therapists, social workers, hospice staff, nurses, doctors, and interested others.

ABOUT THIS SEMINAR: Your instructors encourage adults to be open, honest, and factual with children around tragedies in the public media such as school shootings, as well their own family's intimate events such as dying and death, divorce, and other experiences of loss. This seminar will offer critical concepts and time for personal reflection; provide practical strategies that each participant can take away with them for use with all children; and features specific training when working with children with an autistic style of learning. Children already hold within themselves the full spectrum of their humanness - which includes joy, fear, love, sadness, and so on. With respect and honesty from significant adults, children's inborn, natural resiliency will be nurtured and supported.

PRESENTATION OPTIONS: Possibilities include an introductory 90-minute presentation, a half-day workshop, or a full-day training.

INSTRUCTORS: Presented in partnership by Alberto Breccia, LCSW, and Catherine Faherty, Autism specialist and author. Alberto Breccia is a well-respected former medical counselor with Hospice; and child and teen therapist in schools. Catherine Faherty is an internationally-known autism specialist, and a TEACCH Certified Advanced Consultant. One of her books, titled *Understanding Death and Illness and What They Teach About Life: An interactive guide for individuals with Asperger's or Autism and their Loved Ones*, was awarded the 2009 Book of the Year by the Autism Society of America. (www.catherinefaherty.com)

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